



Gouveia, Susan

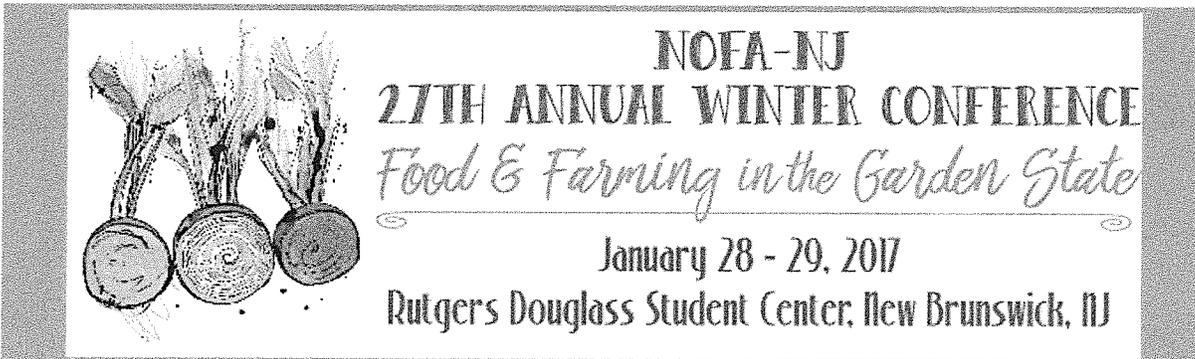
From: Masser, Michelle
Sent: Thursday, December 01, 2016 8:22 AM
To: Harris, Laura
Cc: Gouveia, Susan
Subject: FW: Register Now to Return To Nature at the Winter Conference

Correspondence

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From: NOFA-NJ [mailto:nofainfo@nofanj.org]
Sent: Wednesday, November 30, 2016 5:05 PM
To: Masser, Michelle <clerkmichelle@mtolivetwp.org>
Subject: Register Now to Return To Nature at the Winter Conference

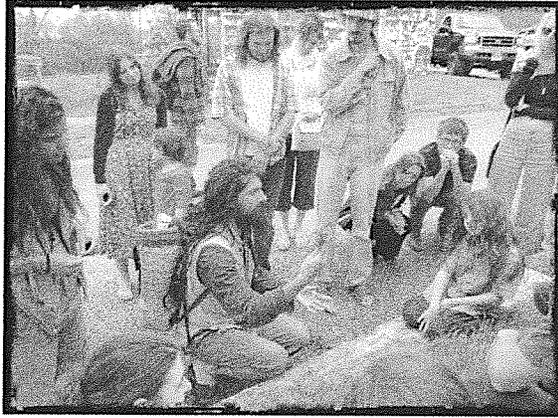
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NOFA-NJ
27TH ANNUAL WINTER CONFERENCE
Food & Farming in the Garden State
January 28 - 29, 2017
Rutgers Douglass Student Center, New Brunswick, NJ

[Click Here! Winter Conference Registration Now Open.](#)

**Return To Nature with Dan De Lion - Make Medicine
from Plants**



Dan De Lion sharing his passion for the natural world.

Dan is leading two workshops at the 2017 Winter Conference:

Fermentation: Make fermented foods at home, which are medicinal, delicious, and healing! We will explore the medicinal aspects and science to the methods of fermentation, and the spices one can use as well as give a start to finish demonstration of how to make your own ferments at home as well as the history and origins of fermentation, the metaphors that alchemy brings behind these practices, and the modern scientific understanding of the role of bacteria in human health and survival.

Tincturing: Work with several easily attainable medicinal herbs to learn how to turn them into medicinal remedies for your healing needs. Dan will share the tradition of tincture making by different liquid mediums. Tinctures are a very powerful way to work with medicinal plants. Everyone will leave this class with powerful wisdom on how to make their own home-made herbal tinctures they will get to apply as a medicine in their lives! Bring the healing revolution home!

Dan De Lion is a Forager, Herbalist, and Musician dedicated to working with Nature to further the healing of the planet and the soul. Dan teaches through Return to Nature (ReturntoNature.us), which provides classes in foraging and herbalism, making homemade remedies from herbs, fermentation and kombucha classes, and primitive and survival skills. He also makes and sells herbal products, teaches music, yoga, chanting, and

meditation as well as nutrition and health consultations, mentorships, and group in-home custom herbalism classes.

[Follow this link to our Winter Conference Sessions page to see our growing list of workshops.](#)

Just 20 days left to take advantage of our early bird rates and save up to \$30 on your Winter Conference registration.

[Click here to register.](#)

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